

ESTHER MANUBEA  
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## **EDUCATION:**

### **1994 – 1997 Boa Amponsem Senior Secondary School, Dunkwa On-Offin – Ghana**

- Certificate in Home Management and Family Living/High School Diploma

### **2006 – 2006 Americare Home Care Nursing Training School – Alexandria VA**

Certificate in Certified Nursing Assistant

## **EXPERIENCE**

### **1998 – 1992 Birth and Death Registrar – Obuasi, Ghana**

- Municipal and urban Council Birth and Death Office
- Responsible of recording birth and death in the municipal area
- Registering and issuing of Birth and Death and Certificates

### **2002 – 2005 Gourmet Italian Paster Bari – Fort Belvoir, Virginia**

- Responsible for preparing Italian food and many more

### **2003 – 2004 NorthEast Military Sales (Deli) - Fort Belvoir, Virginia**

- Slicing varieties of meat, Cheese and preparation of salad

### **2004 – 2005 United Shell Fish**

- Helping Customers preparing and wrapping their fish and steaming of shrimps

### **2005 – 2007 Americare Home Care – VA**

- Serving as a companion to clients
- Transporting clients to and from appointments, errands and activities
- Managing medication
- Preparing meals and shopping for groceries or other essentials
- Providing care across a variety of settings, including group homes and day service programs

### **2007 – 2012 Care Option – VA**

- Serving as a companion to clients
- Transporting clients to and from appointments, errands and activities
- Managing medication
- Preparing meals and shopping for groceries or other essentials
- Monitoring and recording patient condition, providing support and personal services.
- Monitors patient condition by observing physical and mental condition, intake and output, and exercise.

## **2012 – 2021 Private Duty**

- Provide health care services in patients residences.
- Serving as a companion to my clients
- Transporting and accompanying patients to and from appointments, errands and activities
- Managing medication
- Supporting patients by providing housekeeping and laundry services, shopping for food and other household requirements, preparing and serving meals and snacks, and running errands.
- Perform domestic and household tasks.
- Recording patient information by making entries in the patient journal and notifying nursing supervisor of changing or unusual conditions.
- Monitor patients (vital signs, temperature, respiration, etc) and report on their condition.
- Providing safe, secure, and healthy patient environment by following asepsis standards and procedures, maintaining security precautions, and following prescribed dietary requirements and nutrition standards.
- Maintain patients care records and document provided services.
- Assists patients by providing personal services, such as, bathing, dressing, and grooming.
- Monitoring and recording patient condition, providing support and personal services.
- Monitors patient condition by observing physical and mental condition, intake and output, and exercise.

## **November 2020 – To Date Virginia Home Healthcare – VA**

- Assists patients by providing personal services, such as, bathing, dressing, and grooming.
- Monitors patient condition by observing physical and mental condition.